

come check out the

# Kid zone



Open to the public

Monday-Thursday 8am-7pm, Friday-Saturday 8am-5pm

Parent-supervised play center with two-story play structure and fitness activities

For kids 2-12 years old

[destinycommunity.org](http://destinycommunity.org)

## HOMESCHOOL ASSISTANCE

FREE Homework Assistance for kids in grades 1st-12th. Limited space available. Pre-registration required. Students may sign up for a maximum of 2 blocks per day (1 hour total per day). Students should bring homework and a pencil.

**Mondays, Tuesdays & Thursdays | 3-6pm Sept 11-Nov 13**

## FINANCIAL PEACE

Your money made simple. Learn to control your money and prepare for the future with Dave Ramsey's Financial Peace course. This 9-week series is offered in 3 sections on Mondays 6:30pm - 8:30pm.

**Lessons 1-3 | Budgeting Basics | Oct 16-30**

Super Saving, Relating with Money, and Cash Flow Planning

**Lessons 4-6 | Debt Relief | Nov 6-27 \*No class Nov 20**

Dumping Debt, Buyer Beware, and The Role of Insurance

**Lessons 7-9 | Investments/Retirement | Dec 4-18**

Retirement and College Planning, Real Estate and Mortgages, and The Great Misunderstanding

## CAREER BUILDING

This 3-week workshop covers writing a winning resume, networking effectively and making a lasting impression in your interview.

**Wednesdays Sept 13-27 | 3:30-4:30pm**

**Wednesdays Nov 8-29 | 3:30-4:30pm**

## ESL - ENGLISH AS A SECOND LANGUAGE

Beginning ESL provides beginning English to adults not fluent in English. This class covers conversational English including basic vocabulary and use of common phrases.

**Tuesdays 6:30pm - 8:30pm | Sept-Dec**

*Childcare provided for those who request it 24 hours in advance.*

**FOR MORE INFO AND TO REGISTER: DESTINYCOMMUNITY.ORG/EDUCATION  
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**

## DESTINY PERFORMING ARTS ACADEMY

Art opens the mind to confidence. Destiny Performing Arts offers a variety of resources for the student. Our desire is that the arts can be open and accessible to all. DPA is a semester-long program for students in 1st-12th grade.

### DPA FALL SEMESTER

Fall Semester Starts September 11th!

From dance to drama and vocals to design, Destiny Performing Arts is bringing art back to the community. Email [afey@destinycommunitycenter.com](mailto:afey@destinycommunitycenter.com) for more information about this semester.

*\*Limited space available. Pre-registration is required.*

## MUSICAL THEATRE

### FALL PRODUCTION: BEAUTY AND THE BEAST JR.

Based on the original Broadway production that ran for over thirteen years and was nominated for nine Tony Awards, Disney's Beauty and the Beast Jr is a fantastic adaptation of the story of transformation. The show is open to the public!

**Production Dates: 12/1, 12/2 & 12/3**

*\*Ticket sales open in October.*

## FREE PARENTING CLASSES

### Building Hope

Building Hope is a parent-to-parent education program for parents, family members and caregivers who are raising a child with mental health and/or behavioral challenges. The purpose of the course is to provide education of children's mental health, treatment options, accessing mental health treatment and local resources available to help address child's mental health and/or behavioral needs.

**Mondays Sep 11-Oct 23 | 6:30-8:30pm**  
**Tuesdays Nov 7-Dec 19 | 6:30-8:30pm**

### Co-Parenting

Co-Parenting is a 3-week class for separated/divorced, blended and foster/adopt families. Class material covers: understanding the hidden losses of the child, the role of the parent in co-parenting, and boundaries in communication. Come learn how to support the transient child (the child currently or having had lived in multiple homes)!

**Thursdays Sept 14-28 | 6:30-8:30pm**  
**Thursdays Nov 9-30 | 6:30-8:30pm**

### Parenting the Love & Logic Way

Parenting the Love & Logic Way is a 6-week class for parents, caregivers and educators on child discipline and responsibility that helps parents raise self-confident, motivated children who are ready for the real world. The class covers loving, yet powerful tools for parenting children of all ages. Come learn discipline strategies that actually work!

**Sep 11 - Oct 26 \*No Classes Oct 9-13**

**Mondays 6:30-8:30pm | Tuesdays 6:30-8:30pm**  
**Thursdays 9:30-11:30am**

**Nov 6 - Dec 2 \*No Classes Nov 20-23**

**Mondays 6:30-8:30pm**  
**Wednesdays 9:30-11:30am**

### Anger Management

Anger Management is a 3-week class for adults seeking help and support in the area of emotional regulation. This class teaches individuals how to identify stressors, take necessary steps to remain calm and handle tense situations in a constructive, positive manner.

**Oct 19-Nov 2 | Thur 6:30-8:30pm**

### Anger Management Just for kids

A 3-week class for kids in grades K-5th. Sometimes kids have strong feelings that can fuel challenging behaviors. This class utilizes Kimochi toys to help children learn how to identify and express their feelings in a fun and playful way.

**Oct 18-Nov 1 | Wed 3:30-4:30pm**

*Childcare provided for those who request it 24 hours in advance.*

**FOR MORE INFORMATION AND TO REGISTER: [DESTINYCOMMUNITY.ORG/FAMILY](https://destinycommunity.org/family)  
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