



Interested in taking swimming to the next stage? Or just a fun activity for the kids? We offer a variety of swim programs (for ages 5-18) to suit all interest levels!



Splash is a non-competitive swim team where children have the ability to learn or enhance beyond what is taught in traditional swim lessons. Splash will run during the summer months (June and July). This is a great stepping stone for children who aren't quite ready for a recreational or competitive swim team. Swimmers will not compete in regular swim meets, but they will have the option to participate in a season-ending FUN, non-competitive "swim meet." It's a small, family event just for Splash swimmers.



Rocklin WAVE swim team is our recreational swim team that is part of the Northern California Swim League (NCSL). Our swim season begins the first week in April and runs through the end of July. Tryouts are in late March. Swimmers **must** try-out in order to be considered for the Wave team.



Mavericks is a year round USA Swimming program. There are strict rules about USA swimming that prohibit swimming both recreational and USA swimming. For more information, contact communications@rocklinswimteam.org.

March Clinics

We offer stroke clinics to prospective Wave & Splash swimmers as well as returning members. Each week we focus on a different stroke (free, back, fly, breast) and you have the option of registering for one or all the clinics.

Swim Lessons

We offer a range of classes from group lessons, private or semi-private for ages 2 through adult. These are offered in the summer months. Registration and more information will be available in late Spring on our website and Facebook.

More information on **clinic registration** and **try out sign-ups** will be made available on our website and Facebook during the month of February. Check us out at: **www.rocklinwave.com**



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